

Welcome Vlasalv!

Post by “Kalosyni” of April 22, 2025 at 8:25 AM

Welcome to the forum @vlasalv 😊

You might enjoy these Youtube videos:

Bread and Water - Debunking the Idea of Epicurean Asceticism

<https://m.youtube.com/watch?v=NYyjUkkC1fk>

and

Cassius' Epicurean philosophy overview video:

<https://m.youtube.com/watch?v=6iXCI88Z64U>