

The Use of Negation in Epicurean Philosophy Concepts

Post by "Don" of April 20, 2025 at 4:08 PM

[Quote from Cassius](#)

and ataraxia to be a katastematic pleasure

For the record, ataraxia IS one of Epicurus' examples of a katastematic pleasures.

"ἡ μὲν γὰρ **ἀταραξία** καὶ ἀπονία **καταστηματικαί εἰσιν ἡδοναί:** ἡ δὲ χαρὰ καὶ ἡ εὐφροσύνη κατὰ κίνησιν ἐνεργεῖα βλέπονται."

Epicurus says in his work *On Choice* are : "Peace of mind (ataraxia) and freedom from pain (aponia) are pleasures pertaining to a state or condition (katastēmairikai eisin hēdonai); joy and delight are seen to consist in motion and activity." (my translation)