

# The Use of Negation in Epicurean Philosophy Concepts

Post by "Godfrey" of April 20, 2025 at 12:07 PM

## [Quote from Cassius](#)

And he didn't say "Ever since I was 50 and reached a complete understanding of my philosophy I have never felt any pain" or anything like that. He acknowledged his pain but held that his pleasures far outweighed them and that he was happy to be alive to experience that day.

It's been some time since I read Gosling and Taylor, but if I recall correctly, they consider the understanding of philosophy to be something of a one-and-done pleasure and they call it katastematic. But as you say, that by no means implies an end of pain. Pains and pleasures still come and go (for some reason an image of swirling around comes to mind) but the stable pleasure of correct philosophy can outweigh most, if not all, of the pains.