

Personal mottos?

Post by "Rolf" of April 16, 2025 at 5:28 PM

[Quote from Godfrey](#)

Personally, I'm using "slogans" these days. Many of the best ones are ones that I just make up to fit my current situation, some aren't Epicurean but are compatible with the philosophy, depending on what I keep in mind when thinking about them. I put one on the home screen of my phone and think about it throughout the day. Then after a couple of days I switch to another one.

A model for this is the Buddhist lojong slogans. Depending on the translations, some of those are applicable. Of course, those refer back to Buddhist concepts, but I just happily bastardize them to my own ends.

Oo, I hadn't heard of lojong before. Very interesting. Do you have any favourite slogans? What would you say is the difference between a slogan and a motto?

[Quote from Eikadistes](#)

Glad you asked! 😊

My personal favorite is from DRN 2.991, CAELESTI SVMVS OMNES SEMINE ORIVNDI meaning "*We have all come from heavenly seed*", which I really like because it summarizes, anticipates, and informs Carl Sagan's observation that "*we are made of star stuff*". (Got it tatted a while ago!)

CAELESTI SVMVS OMNES
SEMINE ORIVNDI

As far as those go, ΛΑΘΕ ΒΙΩΣΑΣ is also a favorite, "*Live Anonymously*" (or "*unknown*", etc.):



Antiquity also provides us with SIC FAC OMNIA TAMQUAM SPECTET EPICVRVS, meaning "*Do all things as if Epicurus were watching*", a kind of ancient, Epicurean version of "*What Would Jesus Do?*"

Then also, we have FELIX QVI POTVIT RERVM COGNOSCERE CAVSAS meaning "*Happy [is] the person who knows the causes of things*" from a piece of work by Virgil that I forget.

Juvenal shares with us RANDVM EST VT SIT MENS SANA IN CORPORE SANO... meaning "You should pray for a sound mind in a healthy body..." which has a nice, confident, encouraging ring to it.

And then, of course, Horace gives us CARPE DIEM, which we all know as meaning "Seize the Day", but, personally, I prefer that we "Pluck the day [from the vine of time]".

Sorry for the overshare! 😊 These are always fun questions.

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Ah, a kindred spirit! A lovely collection of sayings. Badass tattoos too, super clean.