

# Welcome Rolf!

**Post by “Martin” of April 16, 2025 at 12:26 PM**

I mostly agree with Cassius' take on humanism. However, the definition of humanism by the American Humanist Association appears to be compatible with Epicurus' philosophy:

[Humanism and Its Aspirations: Humanist Manifesto III, a Successor to the Humanist Manifesto of 1933 - American Humanist Association](#)