

Personal mottos?

Post by “Rolf” of April 16, 2025 at 9:48 AM

Hey folks

I've always found it helpful to have some sort of motto or aphorism to live by. While of course such mottos inevitably oversimplify things, I feel they can be useful to ground and remind oneself of the bigger ideas that lie behind them.

Recently I've been holding close the phrase, "*Enjoy what you can, accept what you cannot*".

Does anyone else have a short saying they use as a mental reminder or a salve during hard times?