

Episode 277 - TD07 - Platonism Says This World Is Darkness But The Next World Is Light - Epicurus Disagrees!

Post by "Cassius" of April 15, 2025 at 12:11 PM

Also, Cicero is stating explicitly that "meditating on death" is meant in the sense of spending your time now while you are alive, thinking about how wonderful it will be when you are dead:

Quote

For what else is it that we do, when we call off our minds from pleasure, that is to say, from our attention to the body, from the managing our domestic estate, which is a sort of handmaid and servant of the body, or from duties of a public nature, or from all other serious business whatever? What else is it, I say, that we do, but invite the soul to reflect on itself? oblige it to converse with itself, and, as far as possible, break off its acquaintance with the body? Now to separate the soul from the body, is to learn to die, and nothing else whatever. Wherefore take my advice; and let us meditate on this, and separate ourselves as far as possible from the body, that is to say, let us accustom ourselves to die.