

sanantoniogarden's outline

Post by “sanantoniogarden” of April 9, 2025 at 8:37 PM

My Epicurean Outline

1. The universe is material. Nothing supernatural occurs in it.

- Matter consists of arrangements of particles and these particles move in space

- Gods do not exist as the many believe them to exist

Gods do not create, hate, love, punish, feel jealous, feel angry etc.

- The soul/spirit/consciousness does not survive after death

2. Knowledge consists of sensation, anticipation and feeling. A tripod of truth

- sensation being the external data gathered by our senses

- anticipation being the inborn data that exists before experience (something akin to a natural cultural consciousness)

- feeling being the impetus behind choice and avoidance (pleasure and pain)

3. The goal of life is to live pleurably. Both Physically and Mentally. (aponia and ataraxia)

- the things which lead to pleasure are good and easy to acquire

- where there is no disturbance, (mental or physical) we are in pleasure

- one should moderate expectations and measure out a path to maximize pleasure, neither too much, nor too little. Not all pleasures are equal, not all pains to be avoided.

- friendship is crucial to a pleasurable life

- honesty and frankness are essential in friendship and in general interactions