

Health Benefits of Dancing

Post by “Kalosyni” of April 7, 2025 at 6:37 PM

Three more videos for learning Greek dance:

This one would be fun to do on a Twentieth:

<https://m.youtube.com/watch?v=y5RjiGjvQYQ&pp>

...and this one has a turn added in!

https://m.youtube.com/watch?v=NLIMtwpcX_I

And for the dancers who want learn the Zorba dance:

<https://m.youtube.com/watch?v=YHE5cvR5A1E>