

# Epicureanism as the spiritual essence or 'religion' of an entire community

Post by “Kalosyni” of March 26, 2025 at 7:28 PM

[Quote from Eikadistes](#)

practices like prayer (heavily encouraged by Epicurus and Philodemus)

@Eikadistes If you happen to have the specific text that refers to prayer practices, for both Epicurus and for Philodemus, can you post here? ...would love to read those 😊