

Music Theory And Epicurean Philosophy

Post by “Mousikos” of June 1, 2019 at 12:18 AM

[Quote from Hiram](#)

I suppose there are different things that are meant by “therapeutic”. Philodemus said that as far as philosophy, it heals through words, and I think I remember seeing the word *logos*. I take great pleasure in music, but it seems like the benefits of different kinds of music do not correlate with the benefits of memorizing the healing words of philosophy. These are specifically meant to treat concrete, specific false beliefs like fear of death and of gods, or unlimited desires. The benefits of music do not correlate to this and are non-philosophical. They are different.

Yes, it could be that Philodemus has a specific meaning of *therapeutic* in mind. Obviously, philosophy treating specific false ideas is completely different from music treating emotions and facilitating physical healing. Nevertheless, both are demonstrably therapeutic, in their own way.