

# Is there Choice without satisfaction? What's the name of the pleasure of Choice itself?

Post by “Kalosyni” of March 16, 2025 at 8:38 AM

Just throwing this into the mix, from Cicero's Torquatus section:

Quote

[62] XIX. But these doctrines may be stated in a certain manner so as not merely to disarm our criticism, but actually to secure our sanction. For this is the way in which Epicurus represents the wise man as continually happy; he keeps his passions within bounds; about death he is indifferent; he holds true views concerning the eternal gods apart from all dread; he has no hesitation in crossing the boundary of life, if that be the better course. Furnished with these advantages he is continually in a state of pleasure, and there is in truth no moment at which he does not experience more pleasures than pains. For he remembers the past with thankfulness, and the present is so much his own that he is aware of its importance and its agreeableness, nor is he in dependence on the future, but awaits it while enjoying the present; he is also very far removed from those defects of character which I quoted a little time ago, and when he compares the fool's life with his own, he feels great pleasure. And pains, if any befall him, have never power enough to prevent the wise man from finding more reasons for joy than for vexation.

And highlighting this section:

**"For he remembers the past with thankfulness, and the present is so much his own that he is aware of its importance and its agreeableness, nor is he in dependence on the future, but awaits it while enjoying the present;"**

So this would be about a kind of satisfaction because of the agreeableness of the present moment. And it seems like it would be a kind of a feeling of flow, not striving over things, not worry or ruminating, because one's "house" (life) is set up properly and in order.