

# New Religious Landscape Study from Pew Research

Post by “Patrikios” of February 28, 2025 at 4:14 PM

## [Quote from Cassius](#)

Most of the time in an Epicurean vs Non-Epicurean discussion, the issue comes down to the fact that Epicureans say that Nature through the faculty of pleasure and pain is the proper standard to which to look on how to live, and the non-Epicureans are saying "Supernaturalism or logic of virtue is the proper standard too look to on how to live." And the debate between those two standards is important to address directly.

In my everyday conversations with family and friends who are practicing Christians, another key topic to consider is the ‘telos’ of our respective lives. When I explain that a life of wellbeing (eudaemonia) is what the Epicurean philosophy leads to, using prudent reasoning of the pleasure-pain choices (vs public perception of unchecked hedonism); that seems to open a less confrontational dialogue. Then we can get into proper positioning of PD-5 about “living wisely, honorably, and justly” in order to live pleasantly. There can often be more agreement around that approach, before getting into the more controversial details around afterlife vs death’s finality.

Thanks for this enlightening discussion that helps us in explaining our philosophy and how we practice this in our daily lives!☺☺