

Epicurean Outreach Opportunity - Respond to Article on Spirituality

Post by “Kalosyni” of February 27, 2025 at 7:43 PM

Is there anyone who has adopted aspects of Epicurean philosophy into personal spiritual practices? If so, then you may want to respond to a request at the end of this article:

<https://www.npr.org/2025/02/27/nx-s1-5246286/curious-about-exploring-your-spirituality-ask-yourself-these-4-questions>

Quote

Your turn: What does your spiritual practice look like?

How do you practice or think about your spirituality? Is your spirituality tied to religion? Or are you building a spiritual life apart from religious faith?

Email lifekit@npr.org with the subject line "Spirituality" along with your full name, and we may feature your response on NPR.org.

The article itself talks about 4 ways to connect to spirituality:

Question 1: What does "something greater" mean to you? Question 2: Where do your spiritual beliefs come from? Question 3: What activities connect you to your spirituality? Question 4: What else can you do to strengthen your spiritual connection?

(Thinking maybe @Eikadistes or [Bryan](#) ?)