

# Music Theory And Epicurean Philosophy

**Post by “Hiram” of May 30, 2019 at 9:53 AM**

Someone just sent me this to link @ the music scroll page

The Surprising Benefits Of Playing An Instrument For people of all Ages: Reduce Stress, Learn faster, Improve Your Brain Function And So Much More...

<https://guitarsignal.com/guides/benefit...ing-the-guitar/>