

# Brochure By AxA - Toronto

**Post by "AxA" of February 19, 2025 at 11:53 AM**

Thank you all for the feedback!

I had no idea that there were such reservations about the tetrapharmakos formulation. I'm going to keep it, but in introducing it I'm going to emphasize how it's a highly simplified "kindergarten" version of the philosophy. Or even ancient "clickbait" lol

From my understanding of the PD/VS parallels, PD1 and VS1 match, PD2 and VS2 match, but PD3 doesn't have a VS parallel, and PD4 matches VS3.

For the VS4 translation: I'm going to switch "disregard" to "despise". "Disregard" just sounds too dismissive for pain, too much like the word "ignore". I believe "despise" in antique usage meant something very close to "disregard"/"ignore", but it also has a kind of noble "rising above" and "holding in contempt" flavour to it which I think would be more meaningful to anyone who is actually in pain.

Kalosyni, your brochure looks great. I like the garden motifs like with the vines. I want to collect imagery like this, make a collection of anything that brings out that Epicurean Garden feeling. I see some good images in the gallery here, but I'd like to see more of these kinds of "flavour" images that do not necessarily reference specifically Epicurean things but support the overall "vibe".

I'm going to change "Trust your senses over your thoughts" to "Trust your senses over your theories". "Thoughts" might be too general and suggest we should doubt our own minds in general, whereas I think the contrast of senses vs theories makes it clear what we should base our thoughts on.