

Episode 269 - By Pleasure We Mean The Absence of Pain (All Experience That Is Not Painful)

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Welcome to Episode 269 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world.

Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at EpicureanFriends.com, where we discuss this and all of our podcast episodes.

We are continuing our series of key doctrines of Epicurus, and this week and next week we are focusing on the full meaning of "Pleasure" in the Epicurean framework. Last week we discussed the central role that Pleasure plays as "Guide of Life," and this week we will dive deeper and focus on the full meaning of the word Pleasure in Epicurean philosophy.

Discussion Guide:

[By Pleasure We Mean All Feeling Which Is Not Painful](#)

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