

"Pleasure" vs "Pleasant Experiences"

Post by "Don" of February 6, 2025 at 1:24 PM

[Quote from Kalosyni](#)

[Quote from Don](#)

The lighthouse is always there. We steer our little boat towards the lighthouse. We steer away from the rocks and shoals by the beacon of the lighthouse. We choose to keep going through storms and rocks to get to safety. We don't sit out the storm, unless we're too far out to see when we have to heave to.

How does pain, pleasure, homeostatis, satisfaction in the feeling of being alive (Chrysippus' hand), doing what needs to be done for good longterm outcomes, etc. fit into this metaphor?

Pain is represented by the storms, hidden reefs, submerged rocks, pirates(!), and other hazards as we keep our eyes on the lighthouse.

Pleasure, that to which all else points, is represented by the lighthouse, the highest point around, symbolizing safety, satisfaction, security, refuge, harbor, etc.

For now, I'm not going to shoehorn the other aspects into this metaphor. A metaphor can encompass so much before you need another metaphor. And this is all iterally off the top of my head. I am in no way attached to it. If others find it helpful or want to build on it or discard it,

