

"Pleasure" vs "Pleasant Experiences"

Post by "Kalosyni" of February 5, 2025 at 8:54 AM

[Quote from Don](#)

Pleasure exists as the omnipresent end-point of all our actions. We don't have to run the race to achieve pleasure. It is here, now, in every decision, every action, IF we're willing to admit that that is - in every moment - the final cause of all our actions.

[Don](#) it sounds like you are saying that the telos is the same as saying: "[pleasure is the guide of life](#)". (?)

Which then is very similar to saying: When the sky is clear it is blue - basically, an observation.

[Quote from Bryan](#)

Many people have goals beyond their own pleasure — some give too much of themselves, others take too much for themselves, while almost all seek unnecessary change of some sort — and this leads them into many unpleasant and unnecessary circumstances!

[Bryan](#) it sounds like you are saying duty to "virtue" sometimes overrides pleasure as a guide of life. (?)

And what you said about: "while almost all seek unnecessary change of some sort — and this leads them into many unpleasant and unnecessary circumstances" - this may be worth a new thread discussion, to explore (if you have more to say?)

What comes up for me now is that we really ought to be saying that both pain and pleasure are the guides of life. Because if you watch yourself during an entire day, how much of the time are you motivated by the desire to remove pain?

Of course the next thing that would be said is: "pleasure is the removal of pain". But this is doing word gymnastics (redefining words). If I go outside to pick some camellia flowers and put them in a vase and put them on my dining table, then this is done for pure pleasure. But if I drink water because I feel thirsty and it relieves my thirst, then I am motivated by the removal of pain.