

"Pleasure" vs "Pleasant Experiences"

Post by "Bryan" of February 5, 2025 at 12:30 AM

[Quote from Don](#)

"Pleasure is the reason I do everything."

Yes, I fully agree. Our pleasure should be our continuous guide. We have pleasure, but we need to act in a way that ensures we continue to have it.

I think of pleasure as something like a compass. The boat is afloat, and it is a pleasure to be sailing: but we are always traveling through the seas of time, and we must steer in a coherent direction—or else risk sailing into storms or crashing against reefs.

Many people have goals beyond their own pleasure — *some* give too much of themselves, *others* take too much for themselves, *while almost all seek unnecessary change of some sort* — and this leads them into many unpleasant and unnecessary circumstances!