

Bread And Water - Debunking The Myth of Epicurean Asceticism - By Don Boozer

Post by “Don” of January 26, 2025 at 5:22 PM

For anyone who would like to see my script along with notes and citations to the ancient texts (along with excerpts), I've uploaded that file to the forum at:

File

[Bread and Water: Debunking the Idea of Epicurean Asceticism - Text and Notes](#)



Did Epicurus advocate for an “ascetic way of life” or not?



Don

January 26, 2025 at 5:15 PM