

Bread And Water - Debunking The Myth of Epicurean Asceticism - By Don Boozer

Post by “Al-Hakiim von Grof” of January 21, 2025 at 11:19 PM

Of course. I was looking forward to your presentation since the Livestream announcement was posted with the topics being discussed.

Asceticism, especially in the extremes, is something I’ve always found to be undesirable and confused. Even as a young man growing up in the religious tradition of my family I had an intuitive aversion to it.

Your presentation prompted me to really dig into my intuition and helped me put into words my thoughts regarding asceticism.