

Why Minimizing All Desire Is Incorrect (And What To Do Instead)

Post by “Cassius” of December 4, 2024 at 4:56 PM

[Quote from Matteng](#)

Yes the natural / necessary desires are of the highest value.

Depending on the contextual meaning assigned to the word "value," I don't think that can be sustained as a foundational Epicurean rule.

Yes you need them to live, but that does not mean necessarily that they are "most pleasant." Epicurus clearly states in his letter that the wise man is not going to seek the longest life, but the most pleasant.

And he also states that sometimes we will choose to die, as for a friend, or when we are sure that the pain of our future life will make living on not worthwhile in terms of pleasure.

So I think more work needs to be done on stating that most accurately in Epicurean terms.