

# Lecture on practical application of Epicureanism

Post by “TauPhi” of November 26, 2024 at 10:10 AM

With all due respect, [Cassius](#) and [Kalosyni](#) , I think you missed the purpose of the lecture completely. The purpose is to present few areas of Epicureanism and make people think about how and to what extent practical application is beneficial. It's about questions like: Can I take 3 types of desires as described by the philosophy and use this knowledge in everyday life successfully? Do I need something else or is it sufficient to make good decisions? Did Epicureans got friendship right? Should I change something in my approach towards my friends? What are the personal implications of acknowledging pleasure as the good? etc.

I think these are interesting questions to focus on instead of deconstructing the lecture for no other reason than showing if the presenter is 83% or only 68% accurate in his presentation of Epicureanism as you understand it. It's not an advanced course in the philosophy. And even if you're only interested in exposing how wrong the dude is, make sure you give valid arguments. Accusation that he's cherry picking makes no sense. This lecture is exactly about cherry picking. It's not a complete presentation of Epicureanism in 50min (which is impossible to do even if tried, which is not here). The lecturer picked few areas only and he explicitly says so. I don't understand Kalosyni's point in post #5 either. Kurt Lampe makes it crystal clear that for Epicureans all pleasure is good. Both mental and physical.