

Maslow's hierarchy of needs

Post by “Matteng” of November 22, 2024 at 5:29 PM

Inside the necessary / natural desires there could be the level from top to bottom (just my idea/ proposal):

1. Desires for happiness (eudaimonia)
2. Desires for Life
3. Desires for body/health

But like Maslow maybe a hierarchy would be not so realistic.

For example I could sacrifice 3 (health) for 2. (living) in cutting a part of the body or toxicate me to live better.

And 2(living) don't mean a happy life (1), so it can make sense to limit „life“ for happiness, in the extreme case in dying for a friend/ loved person so that you fulfill stage 1 but not 2 and 3 but to get to 1 you need a body (1) and a life (2) in the first place ☐☐