

# **"A Happy Greek" play by Christos Yapijakis (YouTube)**

**Post by "Kalosyni" of November 22, 2024 at 12:46 PM**

I need to add that if one picks out certain quotes or excerpts from texts of Epicurus then that will result in a particular emphasis on implementing moderation/minimalism in a kind of "black/white--either/or" manner, when in actuality there is a longer process involved which involves learning how to use prudence as a tool which leads to a pleasant and pleasurable life.

And it is important to take in a big picture view, rather than only quick snippets. The quick snippets may work as a starting point, but the next step is understanding the big picture view, which leads to developing practical applications in the modern world that we live in.