

# Episode 259 - Nothing Comes From Nothing

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Welcome to Episode 259 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world.

**Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at EpicureanFriends.com, where we discuss this and all of our podcast episodes.**

This week we are continuing our review of the key doctrines of Epicurus that are featured here at Epicureansfriends on the front page of our website.

This week we will address what Epicurus and Lucretius use as the starting point for the discussion of Epicurean physics: nothing can come from nothing.

Full show notes here: [Lucretius Today Episode 259 - Nothing Comes From Nothing](#)

<https://www.spreaker.com/episode/63428412>