

# Questions re Pleasure

**Post by “Matteng” of November 9, 2024 at 3:50 PM**

To make it basic, how would you all label these pleasures with:

-kinetik, kastatematic

- rational/ or active produced( awareness, reflection, gratitude...) , nonrational/ or passive from body produced

-Aponia/ Ataraxia

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1. Hungry: Pain

2. Eat: Pleasure

? Kinetik( temporary), nonrational/ (bodily pleasure)

3. Full/Not hungry: Pleasure

? Katastematic (static), bodily, Aponia

4. Reasonable Hope to get full in future:

Pleasure, Katastematic, rational joy (mind), Ataraxia ?

5. Gratitude for ability to fulfilling necessary desires in future ( with help of virtue, friends/community):

Pleasure, Katastematic, rational joy (mind), Ataraxia ?

Have I forgotten something?

Your thoughts?