

# Yahoo Article: Epicureanism as an alternative to Stoicism

**Post by “kochiekoch” of October 17, 2024 at 2:03 PM**

Good point.

This guy is a popular author. And, like you say, he's giving us his perspective from a self-help venue, which is what he knows.

His sort of article is going to be how most people are introduced Epicureanism.

They want the scholarly stuff we've got that here! ☐☐