

"Self Help Is Like a Vaccine" by Bryan Caplan

Post by "Kalosyni" of October 9, 2024 at 9:03 AM

[Quote from Cleveland Okie](#)

(I ran a search for "Epicurean" to see if there are any such blogs on Substack, and all of the ones I could find with the word "Epicurean" in the title were food blogs!)

That gave me an idea...perhaps a food blog combined with Epicurean philosophy! All the epicurean foodies out there may be ready and needing some philosophy! 😊