

"Self Help Is Like a Vaccine" by Bryan Caplan

Post by "SillyApe" of October 8, 2024 at 8:10 AM

I think our society is slowly becoming more aligned with Epicureanism, even if most people have never heard about Epicurus. After centuries of religious domination over our culture, when most people were taught to pursue ideals of "purity" and "piety" and to focus on the afterlife, now more and more people have become materialists(in the physics sense) and have set themselves to pursue pleasure, as built in their nature.

Obviously, many people will struggle in their journeys, especially because many have been misguided by promises that pleasure can only be found in extreme consumerism or because they haven't been exposed to the wisdom of how to deal with life in a way that maximizes pleasure and minimizes pain.