

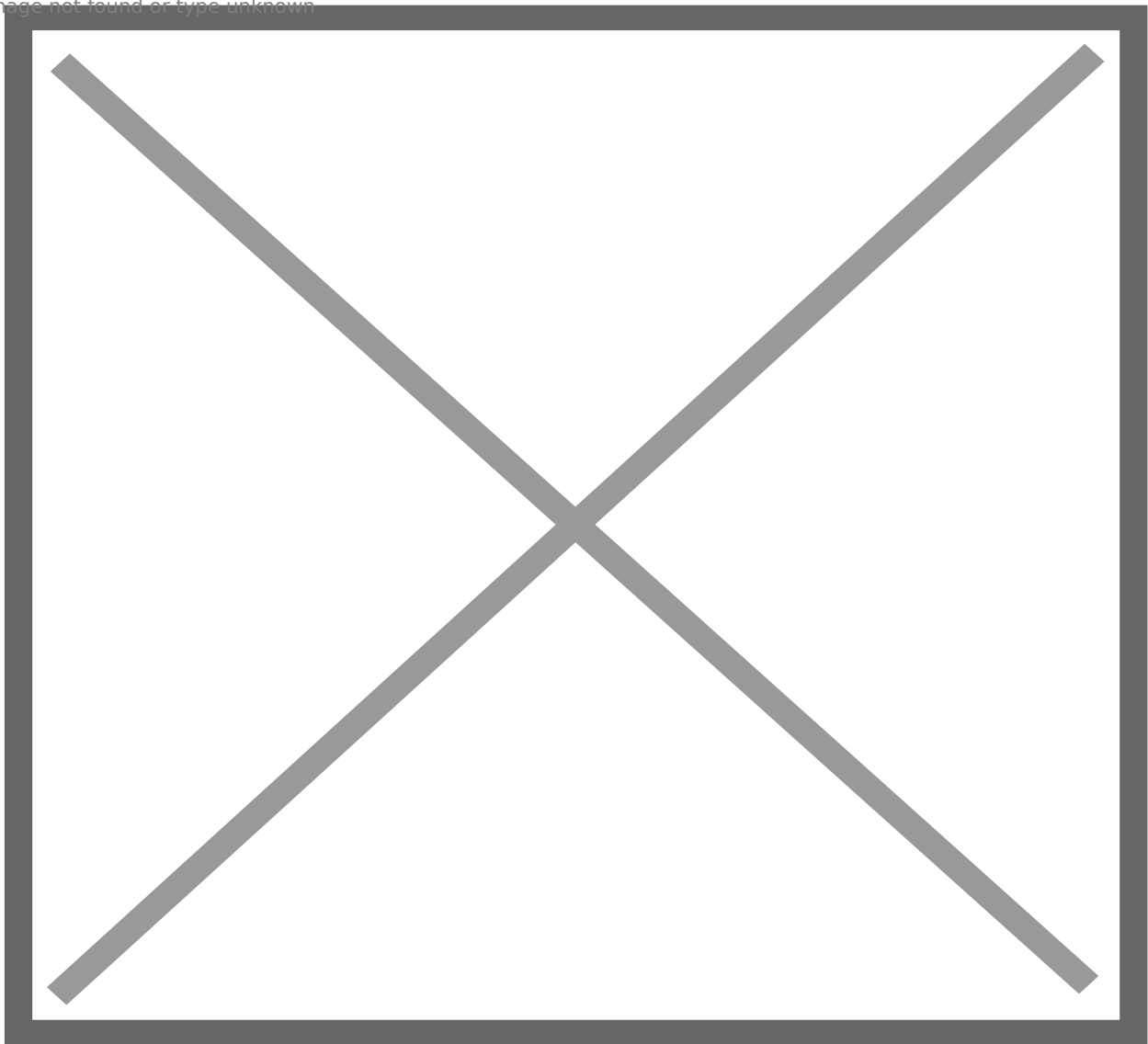
Hedonophobia

Post by “Matteng” of October 4, 2024 at 5:32 PM

Seems so that in religions and some more idealistic philosophys there is sometimes some hedonophobia.

For example for some Stoics pursueing Pleasure was seen as a vice, i read it often but have now not a good example. Here is some from Seneca, what makes me wonder because in other letters he appreciates Epicurean teachings :

Image not found or type unknown



[From the Stoicism community on Reddit](#)

Explore this post and more from the Stoicism community
www.reddit.com

<https://www.epicureanfriends.com/thread/4072-hedonophobia/?postID=32439#post32439>