

The "meaning crisis" trend. How do you answer it as an Epicurean philosopher?

Post by "SillyApe" of September 27, 2024 at 9:49 AM

I am a bit late to the discussion, but I have to say I agree with Cassius: if you try to deviate from the indications given to us by nature (pleasure and pain), you may end up in endless speculations that bring nothing but more questions and no help to anyone.

I would also like to share something I heard from a philosophy professor once. He said that if you had to walk on a path that was surrounded by beautiful flowers, had soft ground, smelled good, and was filled with all other sorts of pleasure, you would not ask "Why am I walking on this path?", as just the pleasure of walking on it would justify your walk. Now, if the path was surrounded by rotting, dead animals and was covered by nails and broken glass, then you'd ask "Why am I walking on this path?", as you'd need to have a justification for the pain.

A pleasurable life doesn't need "meaning", as pleasure justifies itself.