

# Looking for constructive feedback on my mostly Epicurean philosophy of life

**Post by "Cassius" of September 13, 2024 at 10:09 PM**

None come to mind at the moment, but I bet there are a significant number of people who've done something like that. If I come across any I'll definitely let you know.

It's probably pretty obvious to you already that you disagree with Epicurus on determinism (or at least that's the way I read your outline). The issues on that subject are pretty well formulated so you've no doubt thought that through.

However as to the focus you place on "tranquility" rather than pleasure, that's a subject where a lot may remain to be explored. I think I see that you've had an account here for a number of years so you're probably aware of our discussions on that. Discussions on determinism don't usually lead to much changing of minds, but I think there's a lot of little-discussed possibilities in going through the Epicurean texts on the meaning of pleasure vs tranquility, so it might be interesting for you or others in this thread to discuss your variation on the tranquility theme.

The "atheism" and "afterlife nihilism" points are pretty close to Epicurus, and you probably know how your take differs from Epicurus on "the gods."

Your next point is what I interpret as the "determinism" point...

Then comes "moral nihilism," and while I think that the end result might ultimately be not so far off from what I think Epicurus would say, I doubt he would embrace the tone of "nothing is "good" or "bad" or "right" or "wrong" or "just" or "unjust" or "moral" or "immoral." It seems pretty clear to me that Epicurus himself \*was\* comfortable in using those terms, but he defined them all in terms of pleasure and pain.

Fear of death being irrational seems very close to Epicurus.

And then the final element is what i am characterizing as your "tranquility" focus, which you have under the name of "negative hedonism." Of course that's where I don't think Epicurus would agree there either, as the Epicureans specifically identified "pleasure" as the goal, and that takes you back into the issues of what "pleasure" really means. I'm firmly convinced that that was a very deliberate decision, and that "pleasure" is the broader term, including every aspect of tranquility, while "tranquility" is only one of many aspects of "pleasure."

But the bottom line is as i said - I think anyone who works out their philosophy which as much detail as you have done is far ahead of most everyone else, so again I compliment you on the document.