

# Welcome AcuDoc

Post by “Eikadistes” of September 13, 2024 at 4:04 PM

## [Quote from AcuDoc213](#)

I follow a Secular Buddhist philosophy (for the most part) and understand that there are a great many ideas/concepts that both philosophies agree upon. I wonder if anyone else follows or comes from a Secular Buddhist background, too.

I really enjoy the ideas of Epicurus with his ideas of physics (atomic structure), the gods (non-theism), and his ideas on death match mine nearly perfectly.

Welcome, @AcuDoc213 ! You may enjoy perusing a thread we've grown that compares Epicurean Philosophy with various forms of Buddhism: [2022 Epicurus vs Buddhism Compare and Contrast Thread](#)