

# On Ice Cream And Epicurean Philosophy

Post by “michelepinto” of May 15, 2019 at 3:05 AM

I forgot:

Ilaria Gaspari wrote a book about Greek philosophy. For six weeks she lived following a different school. The 5th week was the epicurean one. And she at start appreciates Epicurus teaching about desires, then she discovered it is not enough for happiness and went further.

Ilaria will be at Epicurean Festival in Senigallia this summer. 😊

And this is my article about her book: <http://epicuro.org/una-settimana-epicurea/> I'll translate it for you soon.