

# Catherine Wilson's List of Wrongs (From How To Be An Epicurean)

Post by “Bryan” of September 8, 2024 at 2:04 PM

## [Quote from Cassius](#)

Even when she reaches conclusions that most of us would agree with, such as superficially in the list quoted below, her manner of presenting them as if they are "absolutely" right or wrong undermines the more basic point that the world is not "absolute" and actions always have to be evaluated circumstantially.

Thank you Cassius, that is well said! Yes the book has a very nice cover, and I occasionally enjoy antagonizing myself by randomly looking inside. I just did it again... three pages on saturated and trans-fats (starting at 195). At least it *looks* like it belongs in my library!