

# Welcome Robert!

Post by "Robert" of September 1, 2024 at 1:26 PM

[Quote from Don](#)

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Thank you for the recommendation! I did have Living for Pleasure on my list; I'm now moving it up in the queue. Excited to start reading it.



I describe it as erudite but conversational. It's very approachable but comes with a deep understanding of Epicurus's philosophy. Hope you enjoy.

Her article "Are the Modern Stoics Really Epicureans?" is worth a read, too!

<https://www.hnn.us/article/are-th...ally-epicureans>

Quote

As a more controversial point, I suspect that many Modern Stoics are already Epicureans, at least by the standards of the Roman Emperor Marcus Aurelius. Let me explain...

Thank you, I will read this first! I found Stoicism to be a letdown. With superficial exposure, there seemed much to agree with--but I suspect the aspects I found appealing were "Epicureanism in disguise." 😊