

Welcome Robert!

Post by "Don" of August 29, 2024 at 7:26 AM

[Quote from Robert](#)

Thank you for the recommendation! I did have Living for Pleasure on my list; I'm now moving it up in the queue. Excited to start reading it.



I describe it as erudite but conversational. It's very approachable but comes with a deep understanding of Epicurus's philosophy. Hope you enjoy.

Her article "Are the Modern Stoics Really Epicureans?" is worth a read, too!

[Are the Modern Stoics Really Epicureans?](#)

The Modern Stoicism movement has embraced the classical philosophy, often as part of project of disciplining emotion with rationality. Perhaps adherents should...

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Quote

As a more controversial point, I suspect that many Modern Stoics are already Epicureans, at least by the standards of the Roman Emperor Marcus Aurelius. Let me explain...