

Choice & Avoidance: towards a better translation for avoidance

Post by “Julia” of August 17, 2024 at 11:18 AM

[Quote from Cassius](#)

an intense emotional drive voluntarily undertaken toward the achievement of some specified and desired goal.

Metaphor: Choices and decisions only pile up dry wood; the spark of commitment is required to ignite the flame of action.

[Quote from Cassius](#)

I would not let Stoics or Buddhists or anyone else abscond with the perfectly valid word like "commitment" as if it only arises through "duty." To accept that would be akin to buying into the idea that all intense emotional drive is somehow tainted. Epicurus said that the wise man will feel his emotions MORE intensely than others.

Yes! This is why promises made *only* because of a sense of duty aren't worth a grain of salt.