

Welcome Filosofer123!

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By way of introduction, I am a 46-year-old retiree living in Southern California with my wife and 11-year-old son. I began reading philosophy in earnest in 2006. I was exposed to Epicureanism soon thereafter, reading *Epicurean Ethics* by Peter Preuss, which became one of my favorite books of all time. By 2008-2009, I found myself gravitating toward certain philosophical positions, and I wrote the first draft of my "philosophy of life" in early 2010. Since that time, I have been refining the document (which may be found at <http://filosofer123.wordpress.com>) and doing my best to live according to it. Living my philosophy has been very personally beneficial, and I consider myself to be a happy person. My philosophy is heavily influenced by Epicureanism, but also by other traditions such as Stoicism and Buddhism, as well as by modern philosophical arguments.