

Unpaid_Landlord's personal outline

Post by “UnPaid_Landlord” of July 5, 2024 at 1:45 PM

[Quote from Kalosyni](#)

[UnPaid_Landlord](#) Great outline!

This section popped out at me:

[Quote from UnPaid_Landlord](#)

I am of the nature to grow old. There is no way to escape growing old.

I am of the nature to have ill health. There is no way to escape ill health.

I am of the nature to die. There is no way to escape death.

All that is dear to me and everyone I love are of the nature to change

My actions are my only true belongings and I can't escape their consequences.

While these are somewhat true, I don't think Epicureans would say these kinds of things. (These sound Buddhist?...and they sound a bit depressing to me.

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Ikr, they do sound somewhat depressing, and these sound Buddhist because they are Buddhist, that's why I said at the beginning of my outline that its not strictly Epicurean,

thanks for giving a Epicurean Take on these, these lines are called the 5 remembrances of Buddhism, their goal is to have the individual contemplate the impermanent nature of life to gain a different perspective, done in the right spirit, it invokes a sense of gratitude and humility, sometimes contemplating these harsh truths have their merit, but I can understand how someone would get depressed upon reading it, again thanks for making it more upbeat, I love this new positive take.