

Managing tech "over-use" & keeping your senses sharp

Post by "Cassius" of May 17, 2024 at 12:43 PM

I use Newpipe on Android and Freetube on Linux because there's no way I am going to watch all those Youtube ads!

Several years ago I ran Cyanogen on my cell phone but I haven't done that recently - need to get back to it.

Lot's of good stuff on F-droid, and I favor free open source software whenever possible.