

Another Tetrpharmakos Video Discussion

Post by “Don” of May 9, 2024 at 6:44 PM

Great article find (at least from that excerpt you shared), [Pacatus](#) ! I'm looking forward to reading the whole thing.

[Quote from Pacatus](#)

The author seems to commit the same “higher pleasure” error mentioned by Cassius above - but does seem to succeed in arguing against the notion that a state of katastematic pleasure somehow obviates the natural, healthy desire for varying kinetic pleasures - on the contrary. And pleasure is pleasure.

I find their use of "highest" unfortunate, but I don't see them making the usual "highest pleasure" mistake many authors do. I personally would agree with the author. One can enjoy every other pleasure more if one's mind isn't troubled and one's body is in (reasonably) good working order. That's my general perspective: we need to find that state of equilibrium and good working order (katastematic) as a ground from which to enjoy the stimulative (kinetic) pleasures of life. Even the kinetic pleasure of good memories generally happens easier if we're not anxious or worried or unhealthy.