

Another Tetrpharmakos Video Discussion

Post by “Pacatus” of May 7, 2024 at 5:41 PM

[Quote from Cassius](#)

But Epicurean philosophy not only does not teach that there is no need to wish for "more" life, it teaches that life is desirable, because life is absolutely necessary for the experience of pleasure. Life is so desirable, and so important, that every aspect of life which is not specifically painful is worthy to be considered pleasurable.

And the natural fact that pleasure is linked to well-being (physical and mental), while pain is linked to ill-being (with the occasional exceptions where a temporary pain must be endured – e.g., a trip to the dentist – to ensure continued pleasurable well-being). And well-being is conducive of a longer, healthier, happier (more pleasurable) life; ill-being, the opposite. Of course, there are nuances in the real complexities of living and choosing – but I remain amazed at how these simple, clear concepts have gotten so corrupted.

[I hasten to admit that I am not particularly disciplined *re* the so-called “hedonic calculus” on a day-by-day basis – but that is my responsibility, and I will not hide it “under the bushel” of some obfuscatory philosophy.]