

What Epicurus Offers To The Modern World As Of April, 2024?

Post by “Pacatus” of April 25, 2024 at 1:52 PM

[Quote from Don](#)

I have to ask here, too: What does it mean "to be an Epicurean"? Do you have to "proclaim your faith" so to speak... or can the conduct of one's life and approach to living be "Epicurean" without "being an Epicurean"?

Or who gets to declare if the proper and necessary criteria are met to be **an** Epicurean – and what those criteria are for anyone/everyone? It's for questions like these that I am loath to call myself **an** Epicurean (or **a/an** anything along those lines). I prefer just “*Epicurean*” – as an adjective, and even that with some reservation.

In the end, I try to *fit* the philosophy to my life, so far as it seems reasonable, true and helpful (Epicurean philosophy just seems to provide that, generally, better than others). I do not try to *bind* my life (thoughts and behavior) to the demands or protocols of a philosophy in order to call myself **a** [...]. {Procrustes' bed comes to mind. 😬😬}

In the end, I may not be **an** Epicurean – let alone a “good Epicurean”. And that's okay. 😊