

Scientific Support for Psychological Hedonism

Post by “Kalosyni” of April 21, 2024 at 7:23 PM

I did not take good notes at last night's Zoom, and I can't remember very much about what was said...

Is psychological hedonism the same as saying "motivated by your own self-interest"?

And it doesn't say much about what should be the focus of your self-interest, or about the kinds of choices you make, and whether or not things work out to give you good results.