

# Welcome X7331!

**Post by "x7331" of April 16, 2024 at 9:08 AM**

Hi Cassius,

My name is Charalampos (yes I am Greek!) and I always wanted to study Epicurus, but always postponed it. I have read books referring to Epicurus, such as Travel with Epicurus and The Denial of Death, among others, but no "direct" texts of him (or Lucretius).

I am now reading the book "The art of Happiness" by George K. Strodach, and I had a hard time translating the phrase "*Lathe Biosai*" to its intended meaning, so I started researching about it and read a great forum thread about it from just a few months ago in your site.

I poked around the site, and it seems a great place to start learning more about Epicurus, so I registered! I also read about the site's suggestion about the book "Epicurus And His Philosophy" as "essential reading" so it would be the next one on my reading list!