

Episode 222 - Revisiting the Relationship Between Happiness and Pleasure

Post by “Bryan” of April 8, 2024 at 12:23 PM

As you said, the idea of "joy" in that sentence is coming from kairon.

"...ἀντιπαρετάττετο δὲ πᾶσι τούτοις τὸ κατὰ ψυχὴν χαῖρον ἐπὶ τῇ τῶν γεγονότων ἡμῶν διαλογισμῶν μνήμη."

...but over against them all I set gladness of mind at the remembrance of our past contemplations.

We can always organize our lives and our minds to better prevent pain and also "hold our ground against" existing pain. Good points, thanks again!