

A Food Analogy That May Be Useful In Thinking About Stimulative vs Non-Stimulative Pleasures

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I've been thinking lately about the sequential nature of this: What if I indulge in a pleasure now that may result in some pain after - but calculate that the resulting pain (say, feeling over-full after a delicious meal) will be less than the pleasure indulged (say, the taste-pleasure of the meal - one more bite of delicious fare)? Does the pleasure/pain calculus only run one way sequentially?